

joy.



light in a time of darkness

Artistic Direction and Production

joy.

Chantelle Norris

Rehearsal Assistance

Jessica Langelier

NCB Advanced Company

Miranda Bevan, Aimee Craig, Neisha de Jong Pedlow, Ella Gregory, Naiah Kulla, Autumn McDonald, Lana Nepomuceno, Stella Parr, Sydney Poulton, Kaliyah States, Tala Whiting

NCB Apprentice Company

Breanna Baerg, Grace Cavanagh, Rachel Derkach, Avari Dodd, Olivia Efraimsson, Lilika Kovacs, Allison Lofstrom, Abigail McDonald, Madelaine Parfitt, India Quarress, Seraphine Simpson, Athena Wise, Moira Wishinski

Congratulations to our 2021 graduates: Stella Parr, Sydney Poulton, and Autumn McDonald.

Technical Direction, Lighting Design and Projection

Jason King

Media Artwork

Christina Langelier

Photography and Social Media

Jennifer Dodd

Props

Bev Martyn

Special Thanks

To the NCB company for bringing life to this work.
You are persistent, honest, and brave; you are light in darkness.

Christina Langelier and Jennifer Dodd, thank you for keeping my chin up during the lows.

To the parents of NCB, thank you for your trust and encouragement.

Kirkwood Academy of Performing Arts for generously donating the dance floor.

To Jesus for keeping me afloat during this entire pandemic. **You ARE Joy.**

Message from the Artistic Director

It is my pleasure to welcome you to Nanaimo Contemporary Ballet's fifth season production of "Joy." We are sincerely grateful for your patronage and hope that you enjoy our virtual performance.

NCB prides itself on being Nanaimo's premiere youth ballet company, providing training and performance opportunities with some of today's leading industry professionals. NCB strives to present socially relevant production themes that not only inspire our dancers, but also ask them to dig deeper in the process.

"Joy." was inspired by the news. The constant barrage of negativity that can light up our screen each day reminding us, almost hourly, that we aren't good, and that nothing is going right. Division, fear, blame and anxiety, on and on it goes until the trees seem grey and the sun is nothing more than a reminder to wake up. This production reveals our collective thoughts as a company. How joy is sometimes forged in pain, and can be found in memories, connections, a song, or just a simple smile.

Inner Battle

Soloist - Naiah Kulla

Miranda Bevan, Aimee Craig, Ella Gregory, Autumn McDonald, Lana Nepomuceno, Stella Parr, Neisha de Jong Pedlow, Sydney Poulton, Kaliyah States, Tala Whiting

Static - *choreography by Sydney Poulton*

Rachel Derkach, Abigail McDonald, Seraphine Simpson, Athena Wise

Compressed

Soloist - Naiah Kulla

Such a Kill Joy

Soloist - Naiah Kulla

Miranda Bevan, Aimee Craig, Rachel Derkach, Ella Gregory, Abigail McDonald, Autumn McDonald, Lana Nepomuceno, Sydney Poulton, Seraphine Simpson, Tala Whiting, Athena Wise

Consumed

Soloist - Neisha de Jong Pedlow

Dose of Joy

Soloist - Naiah Kulla

Breanna Baerg, Avari Dodd, Olivia Efrainsson, Allison Lofstrom, Madelaine Parfitt, Athena Wise

Joy is... Pt.1

Improvisation | Speech recorded by the dancers

Naiah Kulla, Tala Whiting, Rachel Derkach, Ella Gregory

Foundations for a Fresh Start - *choreography by Will Jessup*

Grace Cavanagh, Aimee Craig, Rachel Derkach, Avari Dodd, Allison Lofstrom, Abigail McDonald, India Quarress, Seraphine Simpson, Tala Whiting

By Any Means - *choreography by Monica Proenca*

Miranda Bevan, Lilika Kovacs, Naiah Kulla, Autumn McDonald, Lana Nepomuceno, Neisha de Jong Pedlow, Sydney Poulton, Kaliyah States, Moira Wishinski

Take a Breath

Soloist - Madelaine Parfitt

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It's Up to You - choreography by Lana Nepomuceno

Aimee Craig, Lilika Kovacs, Allison Lofstrom, Stella Parr,
India Quarress, Kaliyah States

Joy is... Pt. 2

Improvisation | Speech recorded by the dancers
Stella Parr, Abigail McDonald, Aimee Craig

Hope - choreography by Suzanne Ouellette

Soloist 1 - Miranda Bevan
Soloist 2 - Kaliyah States

The Calm Before - Choreography by Alysa Pires

Avari Dodd, Ella Gregory, Autumn McDonald, Stella Parr, Madelaine Parfitt,
Neisha de Jong Pedlow, Sydney Poulton, Athena Wise, Moira Wishinski

Rising - choreography by Jessica Langelier

Breanna Baerg, Grace Cavanagh, Seraphine Simpson

Zip-A-Dee-Do-Dah

Miranda Bevan, Aimee Craig, Olivia Efrainsson, Ella Gregory, Naiah Kulla,
Autumn McDonald, Lana Nepomuceno, Stella Parr, Neisha de Jong Pedlow,
Sydney Poulton, Kaliyah States, Tala Whiting

Joy is... Pt.3

Improvisation | Speech recorded by the dancers
Chantelle Norris

Joyful

Breanna Baerg, Grace Cavanagh, Rachel Derkach, Olivia Efrainsson, Avari Dodd, Lilika Kovacs,
Allison Lofstrom, Abigail McDonald, Madelaine Parfitt, India Quarress, Seraphine Simpson, Moira Wishinski

